



Shambala Bush Camp Information 2020

BASIC INFORMATION

Both nights of the camp are for 8-12 year olds.

The Camp is managed on behalf of Shambala Festival by Chris Holland (www.Wholeland.org.uk), a professional, experienced and qualified camp leader for school groups as well as for many other organisations. He is DBS certified, has an Emergency Outdoor First Aid Certificate (HSE) and has full liability insurance. Chris is also an experienced forest school leader and storyteller. The ratio of leaders to children will follow established guidelines. Please also refer to the Child Protection and Safeguarding Policy which will be available to download on the Shambala Bush Camp webpage.

CAMP OUTLINE / TIMES

Meet at the Family Yurt in the Family Camping Field at 4pm (Friday and Saturday).

The group first takes a walk (approximately 1.5 miles) to nearby woodland. On arrival participants will make shelters for the night with tarps and found natural materials. Once shelters are up it's time for the one match fire challenge. With the cooking fire lit dinner is served – veggie burgers in baps and salad followed by bananas stuffed with chocolate. There will be a chance to have a go at rubbing sticks to make fire and practice a primitive living craft. As night falls we prepare for a game or two in the dark before stories around the fire. Breakfast is veggie bacon and egg rolls, before packing up and returning to camp by bus for 10am. Specific dietary requirements can be catered for - we just need to know in advance.

Please meet your child/children at the Family Yurt at 10am prompt!

Please note **the camp is a mobile phone free zone!** Please ensure your children leave their phones with you for safe-keeping. Should you need to contact your child, you can call Chris the camp leader at any time: **07980 601 830**

KIT LIST FOR PARENTS

Everything needed for a night out in the woods! Please note they need to be able to carry everything.

Necessary:

- Sleeping bag & change of clothes in a strong bin-liner or waterproof bag
- 1 litre of water and a mug (plastic or tin cup)
- Waterproof coat/jacket and warm clothes
- Lightweight roll mat

Optional:

- Waterproof survival bag or bivvi bag, pillow
- Toothbrush and toothpaste, insect repellent
- Torch or head torch
- Musical instrument